

Division 1's Health and Wellness Assignment!



Name:

- 1) In this assignment, you will be working with a partner or partners (max. 3 per group) in researching a health-related topic.
- 2) Once you have chosen your topic, you and your partner will teach what you have learned to the class.
- 3) You can choose to teach the class in any way that you wish, eg. webcast, info-mercial, skit, teaching lesson, quiz, etc.

Instructions:

- A) During class time, you and your partner(s) will have an opportunity to choose a health-related topic from the excellent kids' website:
www.kidshealth.org/kid
- B) You and your partner will choose one of the topics from the headings listed, including: "How the Body Works", "Puberty and Growing Up", "Staying Healthy", "Health Problems", "Feelings", etc.
- C) Together, you will research your topic (eg. "Food and Fitness", "Drugs and Alcohol") and learn it well enough so that you can teach it to the class.



Healthy choices for **LIFE**

Guidelines:

- Your presentation must include: a) an explanation of your topic b) what kids need to know about your topic c) some sort of visual presentation for your audience (powerpoint prezzi, poster, skit with visuals, etc.) d) a mini-quiz (at least 3 questions) about your topic, for the class, at the end of the presentation.
- The presentation must be at least 5 minutes long, allowing time for questions from the class.
- Have fun with your research/presentation and try to learn something new about yourself!



Evaluation:

Your presentation will be marked on the following criteria:

- 1) How informative was your presentation? Did you teach the class useful, helpful information? **/20 marks**
- 2) How creative was your presentation? Did you try to do something different? **/10 marks**
- 3) How much effort was put into researching and developing a presentation for the class? **/10 marks**
- 4) Was your class time used wisely and effectively? Did you do extra work at home? **/10 marks**

Total: 50
marks

